

2014 Run Like a Nut 5K
Saturday, November 1, 2014 ~ 9:00 AM
Fitness Forum ~ Florence, SC
Overall 5K Results

Place	Bib #	Name	Race Time	Pace	Gender	Age	City	Age Rank
1	440	Niles Yantchook	19:25.633	6:16	M	39	Gastonia NC	1 Overall Male
2	390	Joe Rizzo	19:45.401	6:22	M	26	Florence SC	2 Overall Male
3	486	Mark Miele	20:03.570	6:28	M	18	Florence SC	3 Overall Male
4	346	Chris Pierce	20:48.121	6:43	M	50	Hartsville SC	1 M-50 to 54
5	498	Matt Terrio	21:06.149	6:48	M	34	Florence SC	1 M-30 to 34
6	451	Robert Mclean	21:25.930	6:55	M	36	Lumberton NC	1 M-35 to 39
7	358	Dustin Moree	21:56.924	7:05	M	24	Hartsville SC	1 M-20 to 24
8	68	Gene Grimsley	22:04.194	7:07	M	44	Florence SC	1 M-40 to 44
9	349	Curtis Boyd	22:40.917	7:19	M	50	Darlington SC	2 M-50 to 54
10	254	Christin Snipes	22:45.984	7:20	F	33	Timmons ville SC	1 Overall Female
11	490	Nandi Perez	22:46.458	7:21	F	12	Myrtle Beach SC	2 Overall Female
12	345	Chris Blakeley	23:03.345	7:26	M	34	Florence SC	2 M-30 to 34
13	489	Tiffany Shifflett	23:11.947	7:29	F	31	Myrtle Beach SC	3 Overall Female
14	475	Taylor Barnes	23:51.844	7:42	F	15	Florence SC	1 F-15 to 19
15	372	Gregory Steele	23:52.809	7:42	M	26	Florence SC	1 M-25 to 29
16	434	Michael Jones	23:55.615	7:43	M	15	Florence SC	1 M-15 to 19
17	481	Whitney Anderson	24:24.462	7:52	F	27	Florence SC	1 F-25 to 29
18	324	Arnold Floyd	24:44.047	7:59	M	71	Hartsville SC	1 M-70 to 98
19	493	Ken Foster	25:03.468	8:05	M	58	Mullins SC	1 M-55 to 59
20	177	Jarrod Bolton	25:18.578	8:10	M	17	Florence SC	2 M-15 to 19
21	488	Alana Perez	25:27.444	8:13	F	8	Myrtle Beach SC	1 F-1 to 14
22	487	Nora Gibbs	25:46.697	8:19	F	13	Myrtle Beach SC	2 F-1 to 14
23	342	Catie Kelley	25:47.604	8:19	F	29	Timmons ville SC	2 F-25 to 29
24	310	Aiden Elder	25:57.087	8:22	M	10	Florence SC	1 M-1 to 14
25	368	Gary Miller	25:57.380	8:22	M	42	Florence SC	2 M-40 to 44
26	251	Erin Branham	26:07.515	8:25	F	40	Lexington SC	1 F-40 to 44
27	267	Jimmy Gardner	26:07.934	8:25	M	41	Florence SC	3 M-40 to 44
28	388	Jeremy Robertson	26:12.219	8:27	M	34	Florence SC	3 M-30 to 34
29	376	Jackie Wong	26:26.511	8:32	F	30	Mt Pleasant SC	1 F-30 to 34
30	133	Michael Bethea	26:40.704	8:36	M	53	Latta SC	3 M-50 to 54
31	442	Osei Stewart	26:56.769	8:41	M	15	Florence SC	3 M-15 to 19
32	380	Jamie Weatherford	27:00.708	8:43	M	41	Effingham SC	4 M-40 to 44
33	492	Johnny Floyd Jr	27:03.090	8:44	M	56	Nichols SC	2 M-55 to 59
34	426	Marion Kirkland	27:11.941	8:46	M	16	Florence SC	4 M-15 to 19
35	174	Cassie Hitch	27:13.947	8:47	F	9	Florence SC	3 F-1 to 14
36	170	Angela Hitch	27:14.158	8:47	F	37	Florence SC	1 F-35 to 39
37	419	Lonnie Bethea III	27:35.231	8:54	M	33	Marion SC	4 M-30 to 34
38	491	Sonya Foster	27:38.137	8:55	F	44	Mullins SC	2 F-40 to 44
39	178	Megan Munson	27:42.378	8:56	F	34	Hartsville SC	2 F-30 to 34
40	482	Winston Jr Stewart	27:44.840	8:57	M	13	Florence SC	2 M-1 to 14
41	494	Luke Gasque	27:51.395	8:59	M	34	Mullins SC	5 M-30 to 34
42	424	Margaret Baggett	28:05.395	9:04	F	23	Florence SC	1 F-20 to 24

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43	343	Chappel Timmons	28:05.717	9:04	F	25	Darlington SC	3 F-25 to 29
44	455	Rusty Ray	28:08.378	9:05	M	34	Myrtle Beach	6 M-30 to 34
45	382	Jason Wong	28:30.440	9:12	M	30	Mt Pleasant SC	7 M-30 to 34
46	319	Ana Hernandez	28:38.016	9:14	F	30	Florence SC	3 F-30 to 34
47	373	Hannah Pettigrew	28:38.827	9:14	F	29	Effingham SC	4 F-25 to 29
48	315	Amanda Poston	28:41.506	9:15	F	25	Florence SC	5 F-25 to 29
49	518	Doris Ford	28:49.044	9:18	F	26	Lexington SC	6 F-25 to 29
50	458	Sandra Timmons	28:50.017	9:18	F	54	Darlington SC	1 F-50 to 54
51	253	Vicki Youmans	29:00.804	9:21	F	38	Florence SC	2 F-35 to 39
52	384	Jen Eaddy	29:03.413	9:22	F	38	Florence SC	3 F-35 to 39
53	352	David Wike	29:10.308	9:25	M	48	Florence SC	1 M-45 to 49
54	392	John Sweeney	29:18.406	9:27	M	27	Florence SC	2 M-25 to 29
55	327	Betsy Evans	29:19.580	9:27	F	31	Florence SC	4 F-30 to 34
56	395	John Humphrey	30:08.365	9:43	M	66	Florence SC	1 M-65 to 69
57	387	Jennifer Barnes	30:11.614	9:44	F	38	Florence SC	4 F-35 to 39
58	478	Ute Pfeiffer	30:21.295	9:47	F	47	Florence SC	1 F-45 to 49
59	439	Neil Bellamy	30:22.765	9:48	M	47	Timmonsville SC	2 M-45 to 49
60	566	Natalie Kerns	30:46.467	9:55	F	24	Columbia SC	2 F-20 to 24
61	321	Angela Hamlin	30:46.824	9:55	F	48	Florence SC	2 F-45 to 49
62	445	Paula Lintz	30:56.943	9:59	F	56	Florence SC	1 F-55 to 59
63	411	Leigh Helms	30:57.595	9:59	F	42	Florence SC	3 F-40 to 44
64	405	Kevin Cauley	30:58.444	9:59	M	46	Darlington SC	3 M-45 to 49
65	333	BRAD MILLER	31:11.997	10:04	M	39	Florence SC	2 M-35 to 39
66	176	Diane Collins	31:12.321	10:04	F	32	Florence SC	5 F-30 to 34
67	483	Yvonne Owen	31:26.855	10:08	F	51	Florence SC	2 F-50 to 54
68	51	James Weatherford	31:50.492	10:16	M	13	Effingham SC	3 M-1 to 14
69	495	Rodney Crew	31:59.116	10:19	M	48	Florence SC	4 M-45 to 49
70	185	Tammie Richey	32:02.457	10:20	F	57	Florence SC	2 F-55 to 59
71	337	Bryant Calcutt	32:02.934	10:20	M	15	Darlington SC	5 M-15 to 19
72	435	Montreil McFadden	32:16.162	10:25	M	29	Florence SC	3 M-25 to 29
73	479	Veronica Robertson	32:42.506	10:33	F	37	Florence SC	5 F-35 to 39
74	313	Alaina Novak	32:55.928	10:37	F	23	Florence SC	3 F-20 to 24
75	452	Robin Gregg	32:59.845	10:38	F	53	Florence SC	3 F-50 to 54
76	369	Gart Hayes	33:01.902	10:39	M	54	Florence SC	4 M-50 to 54
77	420	LORRIE Bethea	33:33.757	10:49	F	37	Florence SC	6 F-35 to 39
78	355	Debbie Cheek	33:36.075	10:50	F	41	Bennettsville SC	4 F-40 to 44
79	454	Rosa Dixon	33:44.155	10:53	F	48	Florence SC	3 F-45 to 49
80	472	Tangie Cooke	33:48.013	10:54	F	40	Marion SC	5 F-40 to 44
81	182	Remander Johnson	33:58.440	10:57	F	50	Florence SC	4 F-50 to 54
82	364	Elliot Elder	33:58.541	10:57	M	8	Florence SC	4 M-1 to 14
83	480	Wendy Elder	34:00.725	10:58	F	39	Florence SC	7 F-35 to 39
84	381	Janice Moore	34:17.949	11:04	F	59	Florence SC	3 F-55 to 59
85	441	Nora Skotko	34:32.676	11:08	F	23	Bennettsville SC	4 F-20 to 24

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86	347	Christie Buie	34:36.163	11:10	F	40	Florence SC	6 F-40 to 44
87	328	Betsy Bridgers	34:42.515	11:12	F	43	Latta SC	7 F-40 to 44
88	283	Teresa Webster	34:42.703	11:12	F	41	Latta SC	8 F-40 to 44
89	325	Ashley Miller	35:09.313	11:20	F	15	Florence SC	2 F-15 to 19
90	184	Kristin Patterson	35:11.911	11:21	F	37	Florence SC	8 F-35 to 39
91	353	David Smith	35:50.276	11:34	M	60	Florence SC	1 M-60 to 64
92	407	Kristen Blum	36:11.948	11:40	F	31	Effingham SC	6 F-30 to 34
93	181	Wesley Purvis	36:26.253	11:45	M	29	Florence SC	4 M-25 to 29
94	336	Brittany Sweers	36:32.464	11:47	F	23	Bennettsville SC	5 F-20 to 24
95	422	Lysandra Walker	36:33.021	11:47	F	49	Manning SC	4 F-45 to 49
96	367	Gail Hayes	36:34.027	11:48	F	57	Florence SC	4 F-55 to 59
97	476	Taylor Gross	36:34.783	11:48	F	22	Bennettsville SC	6 F-20 to 24
98	453	Ron Kirk	36:56.066	11:55	M	34	Effingham SC	8 M-30 to 34
99	430	Melissa Kirk	36:56.212	11:55	F	32	Effingham SC	7 F-30 to 34
100	362	Elizabeth McLean	36:56.787	11:55	F	56	Florence SC	5 F-55 to 59
101	351	David McLean	36:57.755	11:55	M	19	Florence SC	6 M-15 to 19
102	431	Melissa Crosland	37:35.904	12:07	F	36	Florence SC	9 F-35 to 39
103	425	Marie Parker	37:38.832	12:08	F	56	Londonberry NH	6 F-55 to 59
104	314	Alee Parker	37:39.046	12:09	F	26	Florence SC	7 F-25 to 29
105	356	Donna Kaiser	37:43.475	12:10	F	50	Florence SC	5 F-50 to 54
106	496	Barbara Campbell	37:43.830	12:10	F	53	Florence SC	6 F-50 to 54
107	360	Elizabeth Bellamy	37:49.816	12:12	F	40	Timmonsville SC	9 F-40 to 44
108	334	Brandi Daves	37:52.016	12:13	F	32	Florence SC	8 F-30 to 34
109	370	Geremia Jennings	37:52.188	12:13	F	37	Sumter SC	10 F-35 to 39
110	340	Castine Jones	38:10.334	12:19	F	53	Florence SC	7 F-50 to 54
111	393	John French	38:34.668	12:26	M	32	Johnsonville SC	9 M-30 to 34
112	331	Bobbie Coleman	38:36.069	12:27	F	51	Florence SC	8 F-50 to 54
113	406	Kimrey Ann Haughn	38:44.897	12:30	F	34	Florence SC	9 F-30 to 34
114	461	Sarah Matthews	38:46.735	12:30	F	40	Florence SC	10 F-40 to 44
115	433	Mia Anderson	38:46.895	12:30	F	11	Florence SC	4 F-1 to 14
116	363	Ella Davenport	38:46.906	12:30	F	20	Cary NC	7 F-20 to 24
117	473	Tanner Anderson	38:47.095	12:31	M	9	Florence SC	5 M-1 to 14
118	466	Staci Purvis	38:50.375	12:32	F	30	Florence SC	10 F-30 to 34
119	379	Jakita Harrison	39:07.919	12:37	F	32	Florence SC	11 F-30 to 34
120	497	Joanne Joyner	39:09.788	12:38	F	59	Aynor SC	7 F-55 to 59
121	450	Robert Mcready	39:10.666	12:38	M	29	Florence SC	5 M-25 to 29
122	436	Morgan Tincher	39:10.713	12:38	F	25	Florence SC	8 F-25 to 29
123	183	Andruw Miller	39:20.800	12:41	M	14	Florence SC	6 M-1 to 14
124	410	laura Miller	39:24.821	12:43	F	41	Florence SC	11 F-40 to 44
125	414	Lin Jones	39:29.120	12:44	M	53	Florence SC	5 M-50 to 54
126	499	Kay Tennyson	39:51.624	12:51	F	57	Florence SC	8 F-55 to 59
127	396	John Rae	39:52.135	12:52	M	68	Florence SC	2 M-65 to 69
128	335	Bridget Manning	40:04.285	12:55	F	26	Quinby SC	9 F-25 to 29

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129	448	Rhys Miles	40:14.610	12:59	M	24	Florence SC	2 M-20 to 24
130	477	Troi Gasque	40:16.264	12:59	F	39	Florence SC	11 F-35 to 39
131	484	Zelyna Courtney	40:29.355	13:04	F	41	Florence SC	12 F-40 to 44
132	413	Leslie Richardson	40:29.435	13:04	F	43	Florence SC	13 F-40 to 44
133	312	Aiden Melton	40:38.368	13:06	M	9	Hartsville SC	7 M-1 to 14
134	386	Jennifer Isgett	41:07.601	13:16	F	35	Florence SC	12 F-35 to 39
135	350	Dana Miller	41:07.605	13:16	F	40	Florence SC	14 F-40 to 44
136	415	Linda Cannon	41:08.011	13:16	F	63	Florence SC	1 F-60 to 64
137	404	Kevin Isgett	41:08.297	13:16	M	35	Florence SC	3 M-35 to 39
138	332	Bonnie Weatherford	41:19.806	13:20	F	39	Effingham SC	13 F-35 to 39
139	416	Linda Henneghan	41:35.375	13:25	F	66	Coward SC	1 F-65 to 69
140	391	Joey McKay	41:44.811	13:28	M	39	Timmons ville SC	4 M-35 to 39
141	427	Marshell Mckever	41:52.945	13:30	F	55	Quinby SC	9 F-55 to 59
142	460	Sarah Floyd	41:55.434	13:31	F	33	Florence SC	12 F-30 to 34
143	409	LaKeshia McFadden	42:13.421	13:37	F	28	Florence SC	10 F-25 to 29
144	437	Nancy Reading	42:35.975	13:44	F	23	Florence SC	8 F-20 to 24
145	412	Leigh Bossinger	43:09.799	13:55	F	51	Florence SC	9 F-50 to 54
146	402	Kelly Matthews	43:37.389	14:04	F	36	Florence SC	14 F-35 to 39
147	357	Donna Cheney	43:44.257	14:06	F	69	Florence SC	2 F-65 to 69
148	471	Susan Rae	43:44.581	14:06	F	66	Florence SC	3 F-65 to 69
149	443	Pam Byrd	43:58.092	14:11	F	58	Florence SC	10 F-55 to 59
150	470	Susan Jones	43:58.860	14:11	F	52	Florence SC	10 F-50 to 54
151	469	Susan Vaughn	44:02.254	14:12	F	49	Florence SC	5 F-45 to 49
152	366	Ericka Bennett	44:25.343	14:20	F	27	Sumter SC	11 F-25 to 29
153	339	Carolyn Christie	44:28.112	14:21	F	46	Florence SC	6 F-45 to 49
154	403	Ken Wood	44:33.482	14:22	M	63	Conway SC	2 M-60 to 64
155	459	Sarah Thibodeaux	46:03.683	14:51	F	25	Florence SC	12 F-25 to 29
156	446	Ravyn Miles	47:03.823	15:11	F	17	Florence SC	3 F-15 to 19
157	401	Kelli McGregor	47:25.471	15:18	F	36	Timmons ville SC	15 F-35 to 39
158	378	Jackson McGregor	47:25.652	15:18	M	8	Timmons ville SC	8 M-1 to 14
159	344	Cherrie Dean	48:01.170	15:29	F	46	Florence SC	7 F-45 to 49
160	418	Lisa Hilbourne	48:12.605	15:33	F	43	Marion SC	15 F-40 to 44
161	421	Lynn Helms	48:35.369	15:40	F	39	Florence SC	16 F-35 to 39
162	456	Ruth Sease	48:35.745	15:40	F	29	Quinby SC	13 F-25 to 29
163	179	Susan Trantham	48:51.736	15:45	F	56	Darlington SC	11 F-55 to 59
164	173	Brenda Cain	49:32.642	15:59	F	53	Florence SC	11 F-50 to 54
165	464	Sharon King	49:39.498	16:01	F	56	Effingham SC	12 F-55 to 59
166	428	Mary Jo Martin	49:41.289	16:02	F	52	Mullins SC	12 F-50 to 54
167	399	Kasandra Durant	49:56.660	16:06	F	45	Florence SC	8 F-45 to 49
168	447	Rebecca Newcomb	50:56.509	16:26	F	31	Johnsonville SC	13 F-30 to 34
169	385	Jennifer Massey	51:59.462	16:46	F	34	Timmons ville SC	14 F-30 to 34
170	467	Stacy Babb	51:59.869	16:46	F	41	Florence SC	16 F-40 to 44
171	397	Joy Gowan	53:31.516	17:16	F	40	Florence SC	17 F-40 to 44

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172	463	Sharon Rohme	53:32.024	17:16	F	52	Florence SC	13 F-50 to 54
173	330	Blanca Williams	54:11.661	17:29	F	33	Florence SC	15 F-30 to 34
174	180	Eyvette Haynesworth	54:18.214	17:31	F	52	Florence SC	14 F-50 to 54
175	329	Betty Fowler	1:01:53.475	19:58	F	67	Florence SC	4 F-65 to 69
176	389	Joann Fisher	1:01:58.297	19:59	F	69	Florence SC	5 F-65 to 69
177	465	Shawn Calcutt	1:04:03.050	20:40	F	41	Darlington SC	18 F-40 to 44
178	341	Catie Vaughn	1:04:03.749	20:40	F	16	Florence SC	4 F-15 to 19