### Sports Medicine Challenge Waiver

- In consideration of the acceptance of this entry, I hereby, for my heirs, executors, administrators and assigns, release and discharge the sponsors and operators of the McLeod Sports Medicine Challenge Run/Walk and their agents and employees from any and all claims for damages suffered by me as the result of my participation in or traveling to or from the said event to be held on March 15, 2014. I specifically release and discharge said operators and sponsors from all injuries or damages arising from or contributed to by any physical impairment or defect I may have, whether latent or patent, and agree that they are under no obligation to provide a physical examination or other evidence of my fitness to participate in such event the same being my sole responsibility. I also give my permission for the free use of my name and picture in any broadcast, telecast or other written account of the event.
- 2. I have been informed that I should consult with a physician concerning my participation in an exercise program and obtain from a physician, advice as how I should participate in relationship to my state of physical condition. I have also been informed that I should periodically update my state of physical condition with a physician. I either have obtained such advice from a physician or acknowledge that I have decided to participate in exercise programs without obtaining the advice of a physician.
- 3. I understand that the waiver and Release of Liability above stated is broad terms. If portions of this Waiver and Release of Liability are held invalid, the remainder will continue in effect.
- 4. I have read this Waiver and Release of Liability and understand the rights I am giving up by signing it.

Participant's Signature

Date

**Geoffrey Kier Memorial Sponsors** 

The Family of Geoffrey Kier

McLeod Physician Associates











<sup>0</sup> Years Running

March 15, 2014 Florence, SC

# March 15, 2014

Briggs Elementary School 1012 Congaree Drive Florence, SC 29501

Pee Dee Grand Prix Event

If under 18, Parent or Guardian's Signature Date

www.McLeodSportsMedicine.org

@McLeodHealth

Like us @ McLeod Health Fitness

and Sports Medicine

## McLeod Sports Medicine Challenge

#### **Schedule**

7:30 a.m. - 8:30 a.m. Registration
9:00 a.m. 10K Run
9:05 a.m. 5K Run/Walk
9:10 a.m. 1 Mile Family Fun Run
10:30 a.m. Scholarship Ceremony
10:45 a.m. Awards Ceremony
11:00 a.m. Post Race Pasta (Stefano's)

#### **Race Day Registration**

Bib and T-Shirt pick-up on race day: 7:30am-8:30am Race day registration: \$25.

\*T-shirt sizes cannot be guaranteed for registrations received the day of event.

#### <u>Awards</u>

Awards given to overall top 3 Males and top 3 Females. Medals will be awarded for the top 3 in each age division. Must be present to receive awards or make prior arrangements with race director.

Overall prizes are valued at: 1st Place \$100 2nd Place \$50 3rd Place \$25

\$100 Cash bonus for a new male or female course record

#### **Timing**

Race timing and technical direction managed by Greg Elmore and Carolina Running Company

#### **Entry Fees**

#### All 5K and 10K entries receive a race t-shirt

Pre-Registration \$20 Race Day Registration \$25 McLeod Employee \$17 Military Personnel \$17 Track/XC Athlete \$17 Member of Florence Track Club \$17 \*All proceeds benefit the Geoffrey Kier Memorial Scholarship Fund

#### **Pre-Registration**

*Pre-Registration Deadline: March 7, 2014* Pre-Registration can be done one of two ways:

- 1. Mail attached registration form to:
  - 1. Man attached registration form to: McLeod Sports Medicine Challenge PO Box 100551 Florence, SC 29501-0551
  - 2. Register Online at : www.carolinarunningcompany.com

\* Additional copies of race brochure can be found at www.McLeodSportsMedicine.org

### Family Fun Run

The Family Fun Run is a 1 mile course which is untimed. Pre-Registration is not required. Cost is \$5 for an individual and \$10 per family. Family Fun Run is still pet-friendly.

\* T-Shirt not included

#### **Course Information**

The course is USATF certified and is designed for both competitive and recreational runners and walkers. It is completely shaded and paved with low, rolling hills making up the middle third of the course.

Race USATF Certification: 10K - SC12001DW 5K - SC12002DW

## **Registration Form**

Name	
Address	
City/State/Zip	
Phone	
E-Mail	
Date of Birth	Age
Amount Enclosed: \$	
Division (Ple	ase Select One):
□ 5K Walk/Run	□ 5K Wheelchair
□ 10K Run	□ 10K Wheelchair
□ 1 M	ile Fun Run
Age	Group:
□ 13 & Unde	r 🗌 40 - 44
□ 14 - 19	□ 45 - 49
□ 20 - 24	□ 50 - 54
□ 25 - 29	□ 55 - 59

□ 30 - 34 □ 60 - 6	
	64

 $\Box$  65 plus

**Gender:**  $\Box$  Male  $\Box$  Female

T-Shirt Size:

□ 35 - 39

McLeod Employee ID #: \_\_\_\_\_

Military Personnel:	□ Yes	🗆 No
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\*One Form Per Participant Please